



# *Overview*

*February 2003*

## **Division of Developmental Disabilities**

### **Overview**

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# **Division of Developmental Disabilities**

## **Vision Statement**

*People with developmental disabilities and their families are valued citizens of the state of Washington. Washington State public policies will promote individual worth, respect and dignity such that each individual is valued as a contributing member of their community.*

## **Mission Statement**

*The mission of the division is to endeavor to make a positive difference in the lives of the people eligible for services through offering quality supports and services that are individual and family driven; stable and flexible; satisfying to the person and their family; and able to meet individual needs. Supports and services shall be offered in ways that ensure people have the necessary information to make decisions about their options and provide optimum opportunities for success.*

## **Core Values**

- **INDIVIDUAL WORTH AND DEVELOPMENT**

*People are served with dignity and respect for individual differences and have the benefits of relationships with friends and families; personal power and choice; personal value and positive recognition by self and others; integration; competence to manage daily activities and pursue personal goals; and health and safety.*

- **CONTINUITY AND COORDINATION OF SERVICES**

*Emphasis is on a flexible system, which enables people to remain in their own homes and communities whenever possible.*

- **COMMUNITY PARTICIPATION AND PARTNERSHIP**

*Promotes the involvement of consumers, parents, service providers, advocates, local governments, citizens and businesses.*

- **RESPECT FOR EMPLOYEES**

*Employees are treated as the division's most valuable resource.*

- **SERVICES QUALITY AND PERFORMANCE ACCOUNTABILITY**

*The division is accountable to the public for effective and prudent use of resources. Regular review, evaluation, and modifications of programs and services are conducted.*

- **NON-DISCRIMINATION**

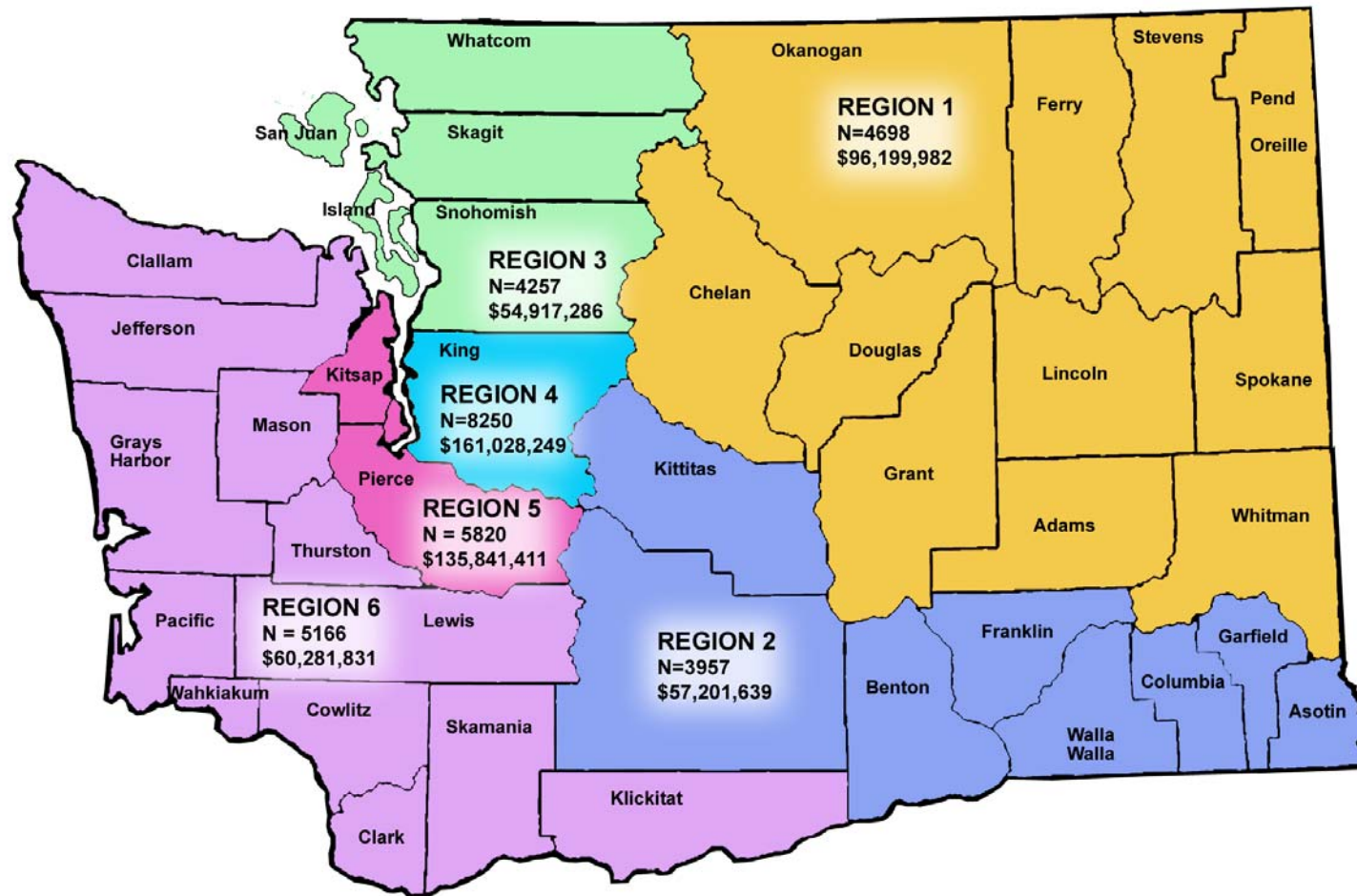
*The division's policy is to not discriminate on the basis of sex, race, color, religion, national origin, age or disability in admission and access to services, treatment or employment in its program or activities.*

## Definition of Developmental Disabilities

*Per Washington Administrative Code, Title 71A*

### **RCW Title 71A.10.020(3) Definitions.**

*“Developmental disability” means a disability attributable to mental retardation, cerebral palsy, epilepsy, autism, or another neurological or other condition of an individual found by the secretary to be closely related to mental retardation or to require treatment similar to that required for individuals with mental retardation, which disability originates before the individual attains age eighteen, which has continued or can be expected to continue indefinitely, and which constitutes a substantial handicap to the individual. By January 1, 1989, the department shall promulgate rules which define neurological or other conditions in a way that is not limited to intelligence quotient scores as the sole determinant of these conditions, and notify the legislature of this action.*



NOTE : Caseload counts are October 31, 2002 census. Dollars are FY 2002 expenditures.  
(Additional funds were spent for administration.)


# *Program Summary*

## Division of Developmental Disabilities PROGRAM DESCRIPTIONS

**Case and Resource Management** – A case manager is assigned to assess the needs of clients and their families and link and connect them to available supports and services. Case managers coordinate planning and development of resources, authorize payment, monitor and review service delivery, provide information about available services, refer persons to other sources of support, and do crisis intervention.

**Long Term Care Services** – Long term care services may be provided either in a residential facility or in a person's own/family home. These individuals may receive other supports from a variety of sources to enhance their functional and adaptive skills, including medical, dental, professional therapies, transportation, and medically intensive services.

### Residential Services

- **Licensed Programs** – In the community-based residential programs, such as group homes, community ICF/MRs, adult family homes and foster care, the provider owns or leases the facility. Room and board expenses are included in the rate paid by the division and the residents participate toward the cost of care. State employees provide services in five state operated Residential Habilitation Centers (RHCs). To provide services in a variety of smaller facilities located in community settings, the division contracts with providers, or coordinates with other DSHS divisions. All facility based programs offer 24-hour supervision
- **Supported Living Services – Non-Facility Based Programs** – These programs are provided to persons who live in their own homes in the community and are not required to be licensed because the person owns or rents their home and the state provides the support staff. Except for the State Operated Living Alternative (SOLA) program, DSHS contracts for these services with organizations or individuals that are certified. These certified organizations or individuals provide services for a few hours per month, up to 24 hours per day. Clients pay for their own rent, food, and other personal expenses. DSHS pays for staff to provide support and training in the client's home. State employees operate the SOLA residential services.

### In-Home Services

- **Medicaid Personal Care** – This federally matched Medicaid state-plan service provides personal care assistance for Medicaid eligible persons assessed as needing assistance with at least one direct personal care task as a result of the person's disability. This service is provided in the person's own home, adult family home, or adult residential center as a Medicaid entitlement
- **Family Support** – This program provides funding directly to families either through State Supplementary Payments (SSP) or reimbursement to contracted providers for services to the individual. This program provides funding for respite care, attendant care, equipment, and specialized aides and therapies, which supports families and assists them in keeping individuals at home with parents or a relative.
- **State Supplementary Payment (SSP)** – In the 2002 State Budget, the Washington State Legislature directed the DSHS to implement a State Supplementary Payment (SSP) program to expand family support and high school transition services for people with developmental disabilities, promoting self determination and independence for families with low and moderate incomes. The purpose is to increase or supplement the income of an SSI recipient. The payments are in the form of a cash payment to the recipient. The source of the SSP cash payments is from state, not federal, funds. The amount of the cash grant to each recipient is determined by need or income. The state must demonstrate "maintenance of effort" in its state supplementary payment program from year to year, disbursing at least as much in SSP as was paid in the previous year. Maintenance of effort must be demonstrated to continue receiving Title XIX Medicaid funding.

## Division of Developmental Disabilities PROGRAM DESCRIPTIONS

### **Employment and Day Programs**

Approximately 40 percent of the adults made eligible by the Division of Developmental Disabilities participate in an employment or day program. Approximately 80 percent of children, birth to three, served by the Washington State Infant Toddler Early Intervention Program (ITEIP) are determined DDD eligible to receive DDD case management and some therapy services through county-funded DD human service agencies. DDD supports employment and day services, including child development services, through contracts and partnerships with county government. The counties select and contract with service providers who directly provide many of the support services that strengthen the community infrastructure.

**Employment Services** – These services provide ongoing support and training for eligible persons with paid jobs in a variety of settings and worksites, including individual or group options in the community, and specialized industry settings.

**Community Access** – These services emphasize the development of social, communication, and leisure skills for individuals whose age or disability currently limits their participation in employment. Persons gain access to community activities through special assistance, advocacy, education, and exploration of interests that lead to employment.

**Child Development Services** – These programs emphasize early intervention services designed to meet the needs of a specific child. They include therapy, education, family counseling, and training, and are provided to children until age three when they become eligible for services through public schools or other community programs.

**Person-to-Person** – As an extension of Community Access, services and supports are offered to assist people with disabilities, their families, and friends to:

- 1) articulate a personal vision for a desired life in the community, including employment; and
- 2) locate and connect people to sources of personal support in the community that enhance the vision for a desired life. Services and supports may include, but are not limited to: person centered planning, skill instruction, information, referral, physical support, and one to one relationship building.

**Individual and Family Assistance** – This is available to individuals and families as time limited projects to meet one or more of the following desired outcomes:

- 1) supports are provided to additional families and persons with developmental disabilities in need of services and supports within existing resources;
- 2) individuals and families receiving services have more control and flexibility with the use of the resources; and
- 3) the individual and family are assisted in connecting to and using natural and informal community supports.

**Information/Education** – A variety of activities and strategies are developed that assure individuals with developmental disabilities and families have full access to current information about services and supports which will assist them in becoming full participants in their communities.



## Division of Developmental Disabilities PROGRAM DESCRIPTIONS

### Special Programs

**Infant Toddler Early Intervention Program (ITEIP)** – The ITEIP enhances and coordinates existing early intervention services and assures that federal service standards are followed. These services include family resources coordination, therapies, family training, and counseling for infants and toddlers, birth to three, with developmental delays or disabilities and their families.

This program allows families to access early intervention services in their local communities and own homes. To ensure statewide service delivery through a multi-agency system and data collection mechanism, ITEIP contracts with local lead agencies that are designated to be the contact point for each geographic area of Washington.

**Voluntary Placement Program** – Children with developmental disabilities who are under 18 years of age may, in certain circumstances, be eligible for out-of-home placement in licensed foster care settings and for other support services. The birth/adoptive parents retain custody of the child and participate in shared parenting with foster care providers.

**Community Protection Program** – This program provides intensive 24-hour supervision for individuals who have been identified as being a danger to their community due to the crimes they have committed. The program is an opportunity for participants to live successfully in the community while minimizing the risk of reoffending.

**Developmental Disabilities/Mental Health Collaborative Plan** – This plan includes a variety of strategies and partnerships with the Mental Health Division and community-based organizations to divert individuals with developmental disabilities from psychiatric hospitalization. These strategies include crisis intervention, prevention, behavioral support and technical assistance, residential outplacement capacity, medication evaluation and monitoring, and the use of diversion beds.

# Division of Developmental Disabilities FACILITY-BASED LONG-TERM CARE SERVICES

Setting	Service	Provider Type Agency    Indiv.		Number / Avg. Size of Programs	Estimated Residents (10/02)	Average State Rate (12/02)
<b>Residential Habilitation Center (RHC)</b>	Protected living environment w/ comprehensive array of services in a single setting. IMR or Nursing Facility level care. State-operated.	State Employees		5 facilities ranging in size from 48-390 residents per facility.	1,050 residents. (plus 33 respite on 10/02)	\$398.12 / day (includes IMR tax) (includes \$14.56 avg. participation)
<b>Community Intermediate Care Facility for the Mentally Retarded (IMR)</b>	Personal Care, Training, Nursing. 24-hour awake staff. Operate under federal regulations.	✓		8 programs. (7.70 avg. per program).	61 residents.	\$192.74 / day (includes IMR tax) (includes \$8.57 avg. participation)
<b>Group Homes</b>	Licensed as boarding homes or adult family homes. 24-hour supervision, training and support.	✓		57 programs. 4-20 adults per program. (7.70 avg. per program).	423 residents.	\$121.44 / day * (includes \$19.52 avg. participation)
<b>Adult Family Home (AFH)</b>	24-hour supervision and personal care support.	✓		412 licensed facilities serving DD residents. Two to six unrelated adults per home. Many DD residents live with other non-DDD populations.	1,280 residents.	\$44.79 - 78.31 / day based on geographic location & client need (includes up to \$16.19 participation for room & board)
<b>Adult Residential Care (ARC)</b>		✓		45 licensed facilities serving DD residents. DD residents live with other non-DDD populations.	220 residents.	\$44.79 - 78.31 / day based on geographic location & client need (includes up to \$16.19 participation for room & board)

## Definitions:

**Agency** = Provider organization subject to licensing and/or DD certification.

**Indiv.** = Contract is with an individual. Not governed by licensing or DD certification.

**Participation** = Client SSI or SSA Contribution to cost-of-care. This is paid directly to provider and reduces state payment.

\* Four persons received this service through a State Supplementary Payment at \$108.56/day.

Division of Developmental Disabilities  
IN-HOME/NON-FACILITY LONG-TERM CARE SERVICES FOR ADULTS (18 years and older)

Setting	Service	Provider Type Agency    Indiv.		Number / Avg. Size of Programs	Estimated Residents	Average State Rate (12/02)
<b>Medicaid Personal Care</b> (non-residential)	Federally funded program. Provides assistance with activities of daily living to help persons remain in their own homes.	✓	✓	N/A	5,614 received services (annual count FY 02)	\$7.68 / hr. Individual \$13.44 / hr. Agency
<b>Family Support</b>	Support to assist persons with a disability to remain living with a parent or relative.	✓	✓	N/A	1,624 received services (annual count FY02)	\$7.68 / hr. Individual ( <i>Negotiated</i> ) Agency
<b>Attendant Care</b> (non-residential)	Temporary or ongoing in-home attendant or personal care services. Also available under the Family Support program.	✓	✓	N/A	327 received services (annual count FY02)	\$7.68 - 13.50 / hr. ( <i>Negotiated</i> ) ETP - Negotiated
<b>Supported Living (SL)</b>	Training and support assistance to enable client to live in an independent setting. Individuals have access to staff 24 hrs./day. Direct assistance varies from as little as 5 hrs/mo. to 24 hrs./day.	✓		170 programs. Several persons may live together as roommates in order to share living expenses and staff support.	3,066 residents (10/02)	Rate \$140.27 / day * **
<b>State Operated Living Alternative</b>	Similar to contracted private SL agencies. Staffed by state employees.	State Employees		4 programs. Several persons may live together as roommates in order to share living expenses and staff support.	113 residents (10/02)	Rate \$272.98 / day *

\* Rate does not include client participation in the form of room and board cost paid directly from client funds.

\*\* Forty-five persons received this service through a State Supplementary Payment at \$48.37/day.

Division of Developmental Disabilities  
LONG-TERM CARE SERVICES FOR CHILDREN (Under 18 years)

Setting	Service	Provider Type Agency	Indiv.	Number / Avg. Size of Programs	Estimated Residents	Average State Rate (12/02)
<b>Medicaid Personal Care</b> (non-residential)	Federally funded program. Provides assistance with activities of daily living to help persons remain in their own homes.	✓	✓	N/A	4,505 received services (annual count FY02)	\$7.68 / hr. Individual \$13.44 / hr. Agency
<b>Family Support</b>	Support to assist persons with a disability to remain living with a parent or relative.	✓	✓	N/A	4,707 received services (annual count FY02)	\$7.68 / hr. Individual ( <i>Negotiated</i> ) Agency
<b>Voluntary Placement / Foster Care Program</b>	Out-of-home services for children whose families have asked for out-of-home placement, due solely to the child's disability.	✓	✓	Majority are in individual foster homes.	467 received services (10/02) (Some continue in placement till age 21.)	\$366.31 - 514.95 / mo. (Basic Maintenance) (includes \$440.00 avg. participation)
<b>Medically Intensive Services</b>	Support children who need medically intensive services and would otherwise be institutionalized.	✓		Majority are in their natural homes.	187 received services (10/02)	\$31.14 / hr. RN \$24.03 / hr. LPN

# Division of Developmental Disabilities EMPLOYMENT / DAY PROGRAM SERVICES

Setting	Service	Service Location		Number / Avg. Size of Providers (10/02)	Estimated Participants* (10/02)	Average State Cost (10/02)
		Facility	Comm.			
<b>Individual Supported Employment (IE)</b>	Placement and follow-up services necessary to help persons with disabilities obtain and continue integrated employment.		✓	121 providers, one-to-one services.	2,462 participants.	\$608 / wage mo.**
<b>Group Supported Employment (GSE)</b>	Supervised employment and training in regular business and industry settings.		✓	59 providers. No more than 8 workers per setting.	1,072 participants.	\$553 / wage mo.**
<b>Pre-Vocational / Specialized Industries</b>	Training and long-term employment in businesses organized to provide training and employment to persons with disabilities.	✓		37 providers. 9 or more workers per setting.	1,219 participants.	\$531 / wage mo.**
<b>Community Access</b>	Assistance with gaining access to community activities in which people without disabilities also participate.		✓	76 providers.	1,453 participants.	\$448 / mo.
<b>Child Development Services</b> <i>(also see ITEIP in Trends section for total # served in early intervention)</i>	Early intervention services, incl. specialized therapeutic and/or educational services for infants/toddlers and their families.		✓	36 programs.	1,343 participants.	\$240 / mo.
<b>Person-to-Person</b>	Services and supports to assist persons with disabilities to fulfill a personal vision for a desired life in the community.		✓	28 providers.	487 participants.	\$471 / mo.
<b>Individual &amp; Family Assistance</b>	Time limited projects, which are approved by the DDD Regional Manager or Division Director.		✓	6 providers.	22 participants.	\$827 / mo.

\* Estimated Participants is based on the number of participants the counties billed for during the month of October.

\* Some persons received this service through a State Supplementary Payment.

\*\* Wage mo. = Total DDD expenditure for program divided by # participants earning a wage.


# *Shared Responsibilities*

## SHARED RESPONSIBILITIES

RCW Statutory Authority	DDD Residential Services	License or Certification	WAC	Contract	DD Certification	Rates
	<b><u>Facility-Based Services</u></b>					
71A	Residential Habilitation Center (RHC)	RCS	IMR -- DDD NF -- RCS	DDD w/Feds	NO	DDD
71A	Community Intermediate Care Facility for the Mentally Retarded (IMR)	RCS	DDD	DDD	NO	DDD
71A & 18.20 or 70.128	Group Homes	RCS	DDD	DDD	YES	DDD
70.128	Adult Family Homes (AFH)	RCS	RCS	RCS	NO <i>(DD Spec.Trg. Req.)</i>	HCS
18.20	Adult Residential Care (ARC)	RCS	RCS	RCS	NO	HCS
	<b><u>In-Home/Non-Facility Services (agency and individual providers)</u></b>					
74.09	Medicaid Personal Care (MPC)	DOH - Agency	HCS	DDD	NO	HCS
71A	Family Support	DOH - Agency	DDD	DDD	NO	DDD
71A	Attendant Care	DOH - Agency	DDD	DDD	NO	DDD
71A	Alternative Living (AL) Individual Provider		DDD	DDD	NO	DDD
71A	Supported Living		DDD	DDD	YES	DDD
71A	State Operated Living Alternative (SOLA)		DDD	N/A	YES	DDD
74.13.350	Voluntary Placement / Foster Care Program	CA / DLR	DDD	DDD	NO	DDD / DCFS
74.08.090 74.08.520	Medically Intensive Program	MAA	MAA	MAA	NO	MAA
71A	<b><u>Employment / Day Programs Services</u></b>	County	DDD	County / DDD	NO	County

DDD = Division of Developmental Disabilities  
MAA = Medical Assistance Administration  
DOH = Dept. of Health - Home Care Licensure

RCS = Residential Care Services  
HCS = Home & Community Services  
DCFS = Division of Child & Family Services

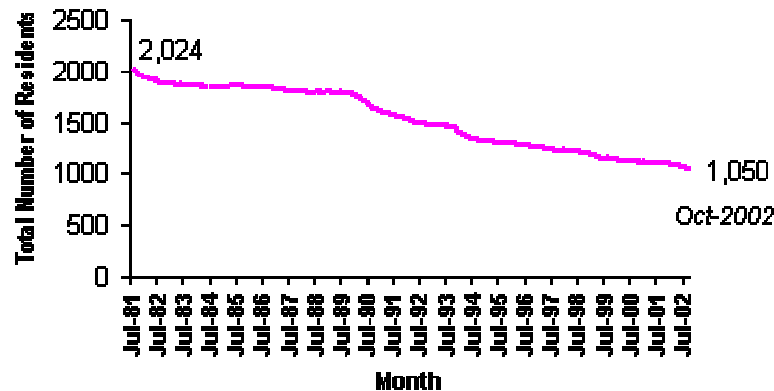
CA = Children's Administration  
NF = Nursing Facilities


*Residential Habilitation Centers*  
*(RHCs)*



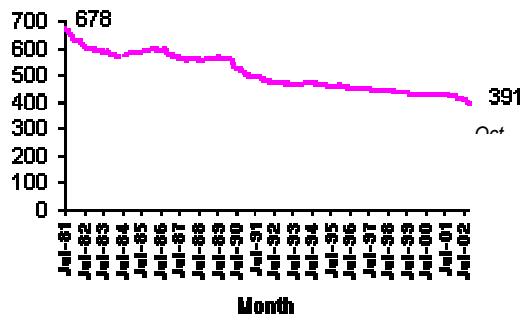
# Residential Habilitation Centers Total Census

July 1981 - October 2002



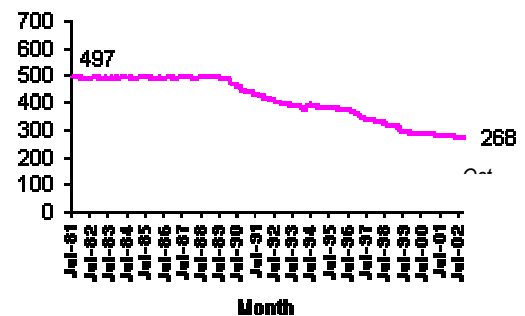
## Rainier School Census

July 1981 - October 2002



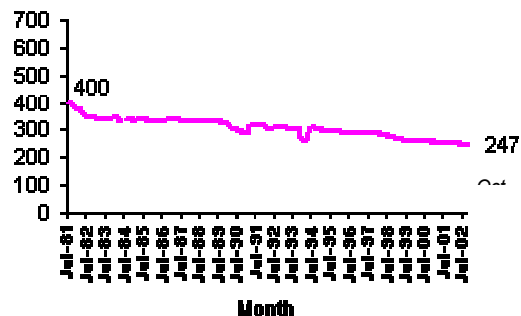
## Fircrest School Census

July 1981 - October 2002



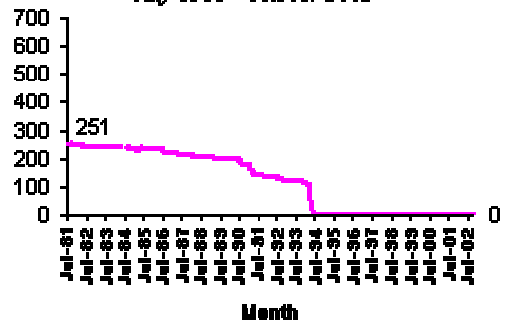
## Lakeland Village Census

July 1981 - October 2002



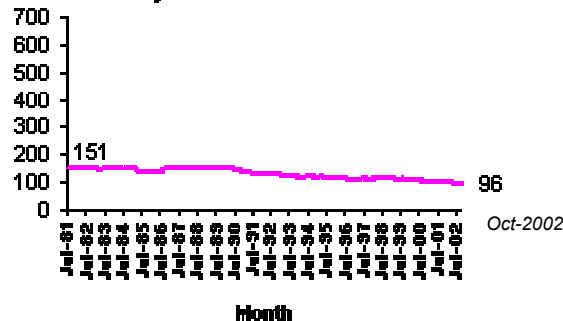
## Interlake School Census

July 1981 - October 2002



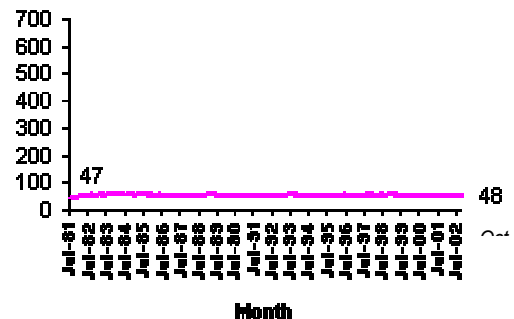
## Yakima Valley School Census

July 1981 - October 2002



## Frances H. Morgan Center Census

July 1981 - December 2002



## Residential Habilitation Centers Capacity Versus Census

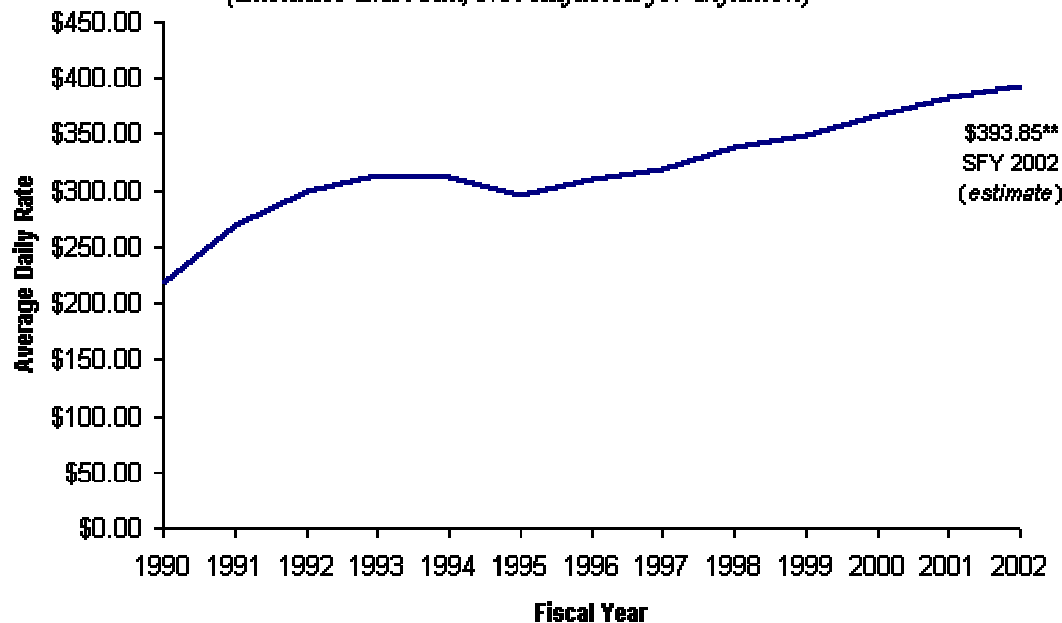
*December 31, 2002*

Center	Funded Capacity	*Actual Census	Difference
Fircrest School	263	266	-3
Rainier School	399	395	4
Lakeland Village	259	252	7
Frances H. Morgan Center	56	53	3
Yakima Valley School	120	113	7
Total	1,097	1,079	18

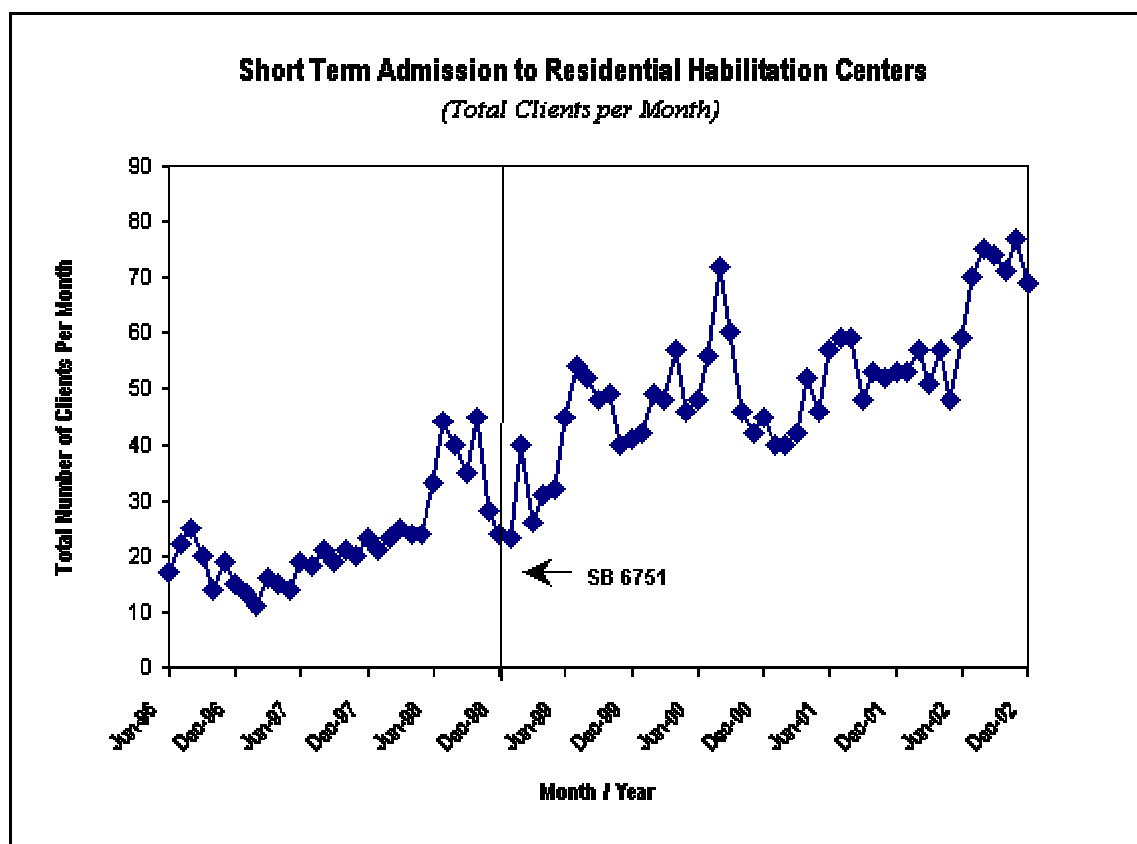
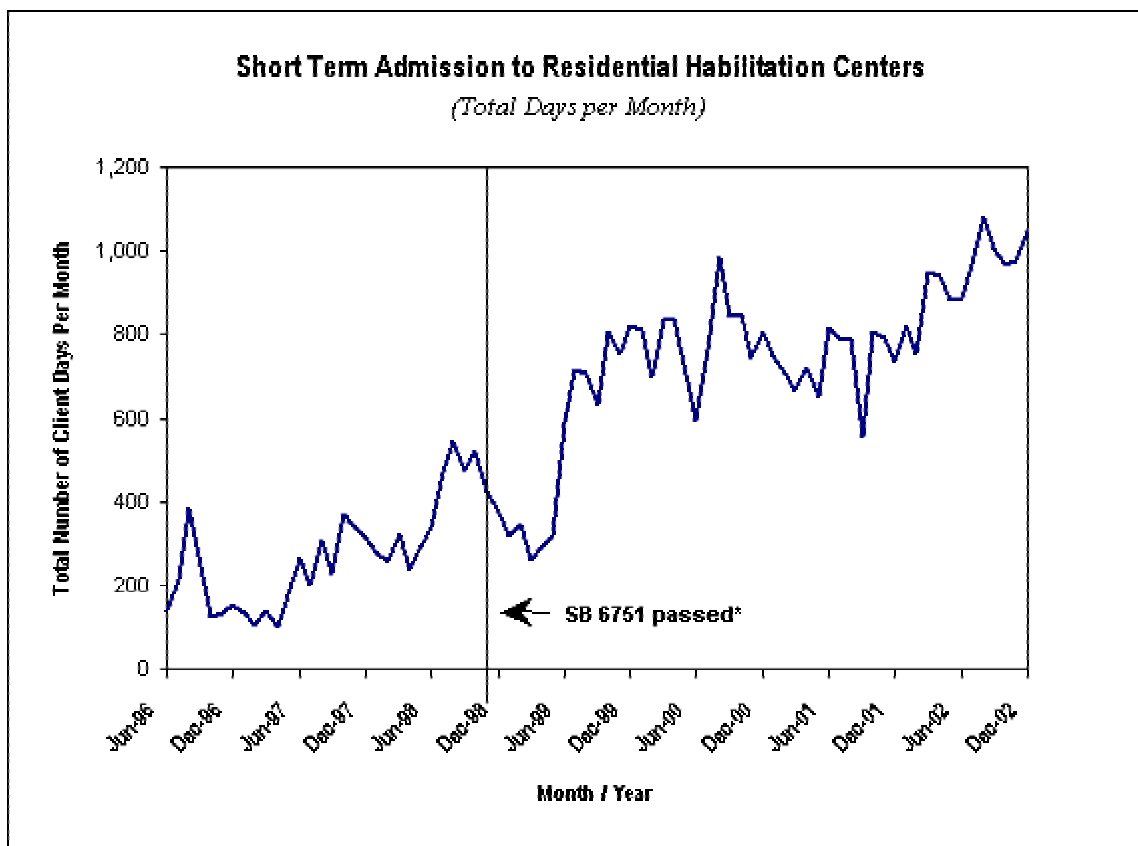
\*End of December 2002 Includes Respite

## Residential Habilitation Centers Average Daily Rate

*(Excludes IMR Tax, Not Adjusted for Inflation)*



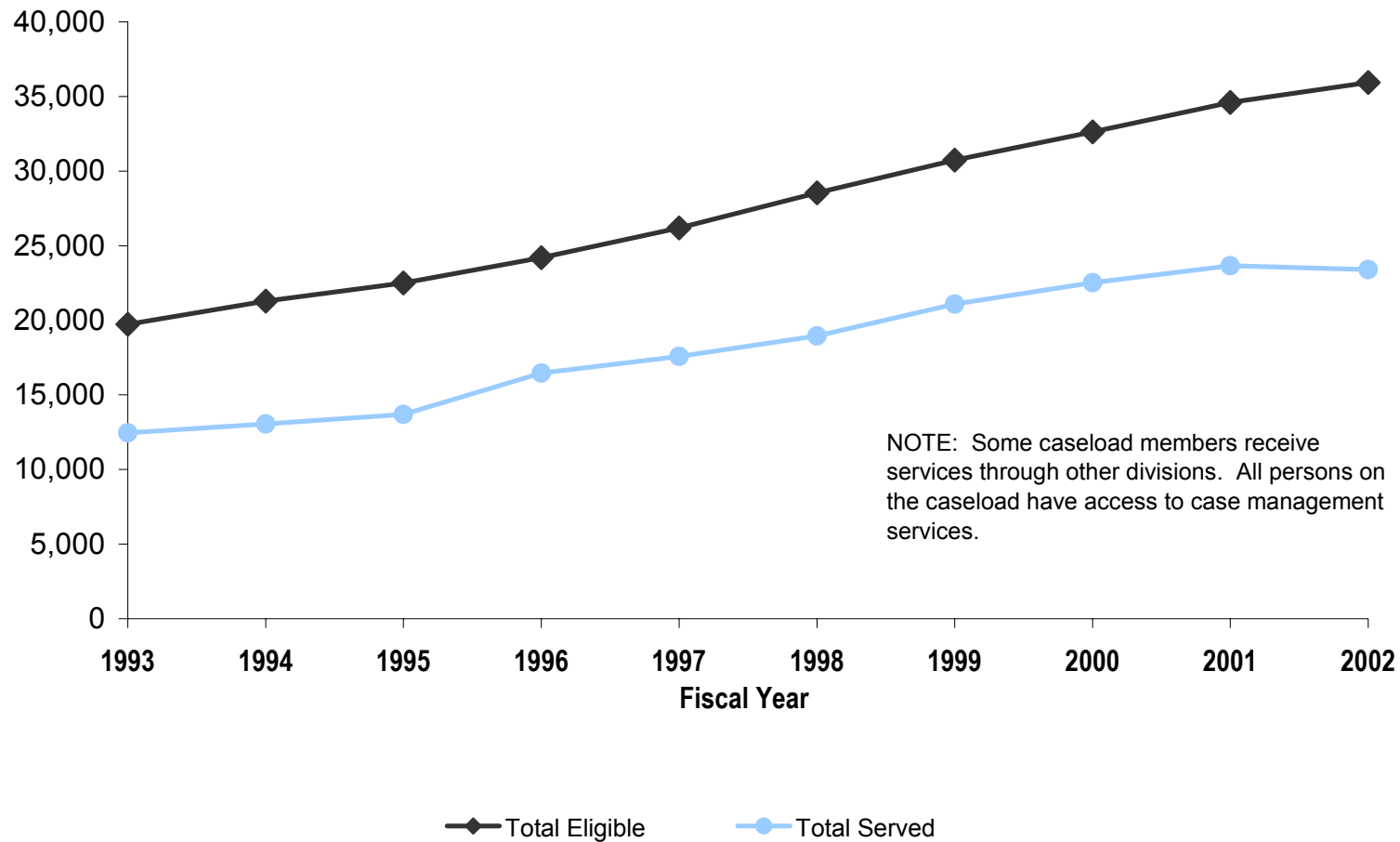
**\*\* Note:** Settled Rate. This rate differs from the rate reported in the Service Program section. The rate DOES NOT INCLUDE IMR tax. IMR tax percentage has varied over time, so excluding IMR tax provides a more accurate comparison of average daily rates over time.

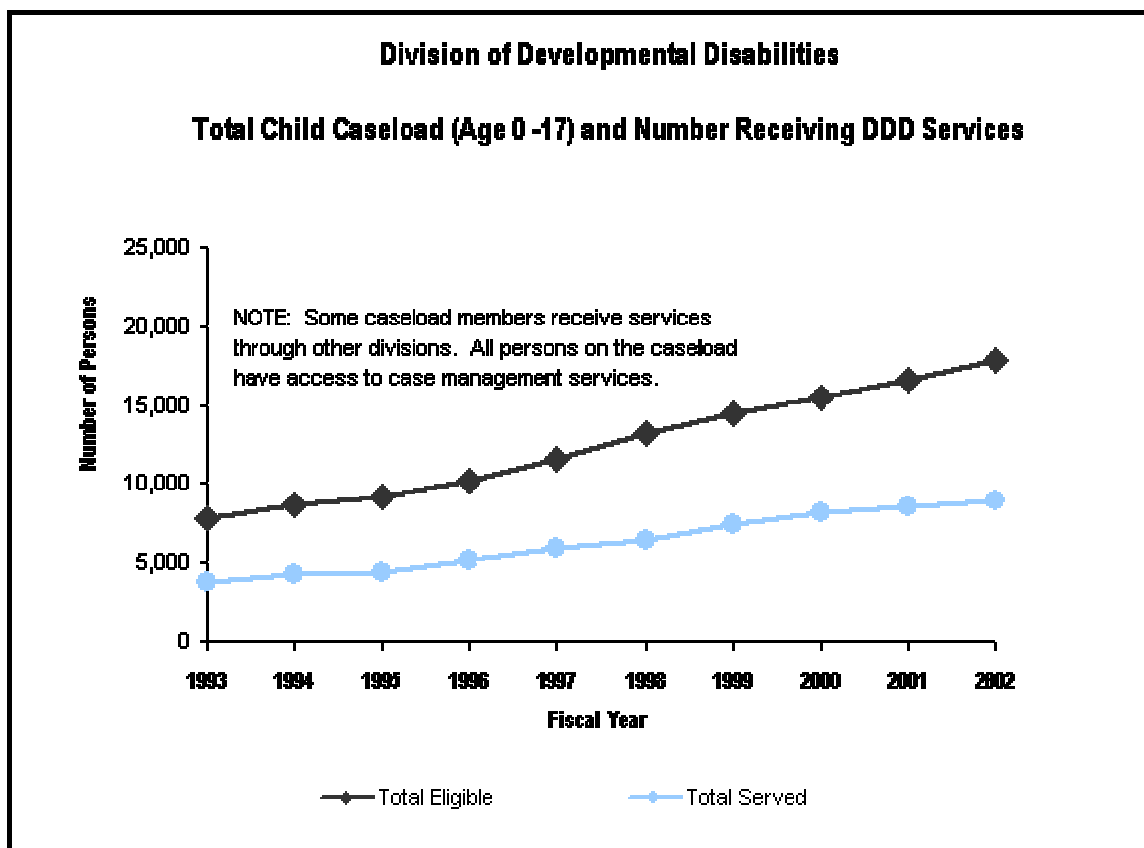
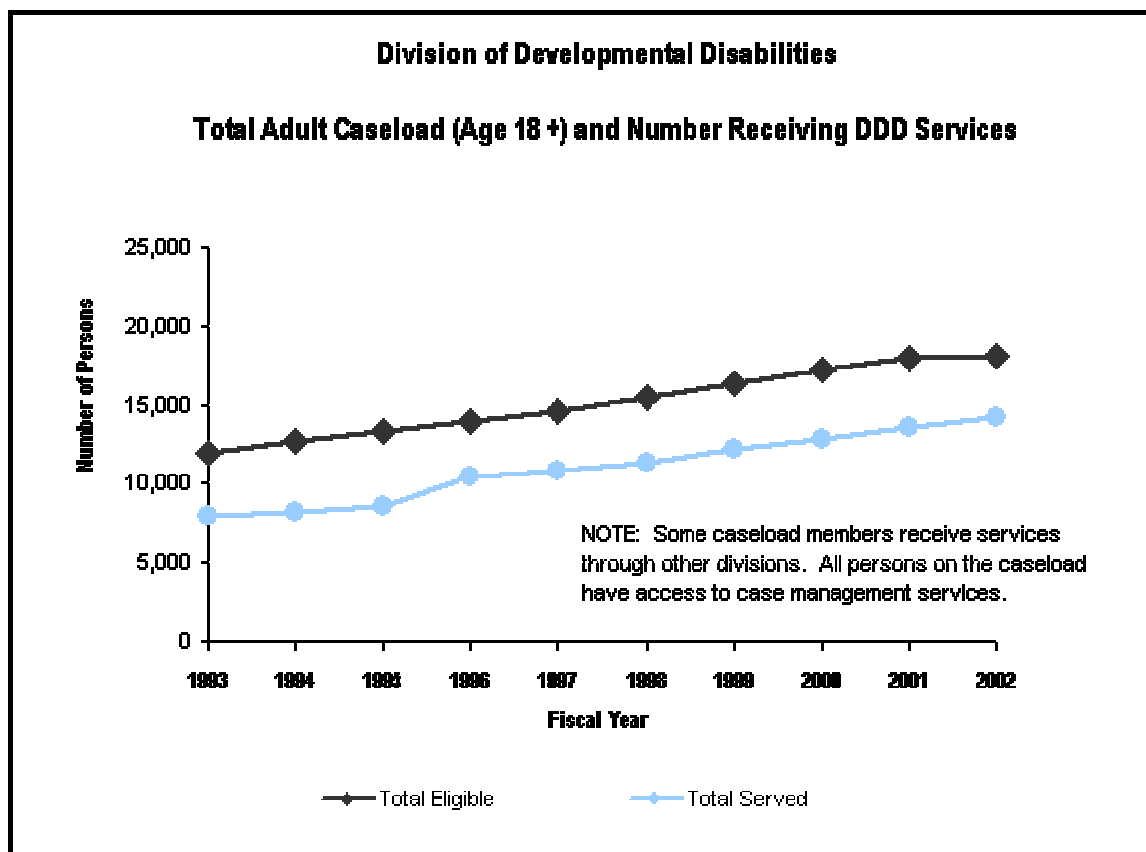


\* **Note:** SB6751 requires that "if residential habilitation center capacity is not needed for permanent residents, the department shall make any residential habilitation center vacancies available for respite care and any other services needed to care for this population."


# *Service Trends*

## Division of Developmental Disabilities Total Caseload and Number Receiving DDD Services

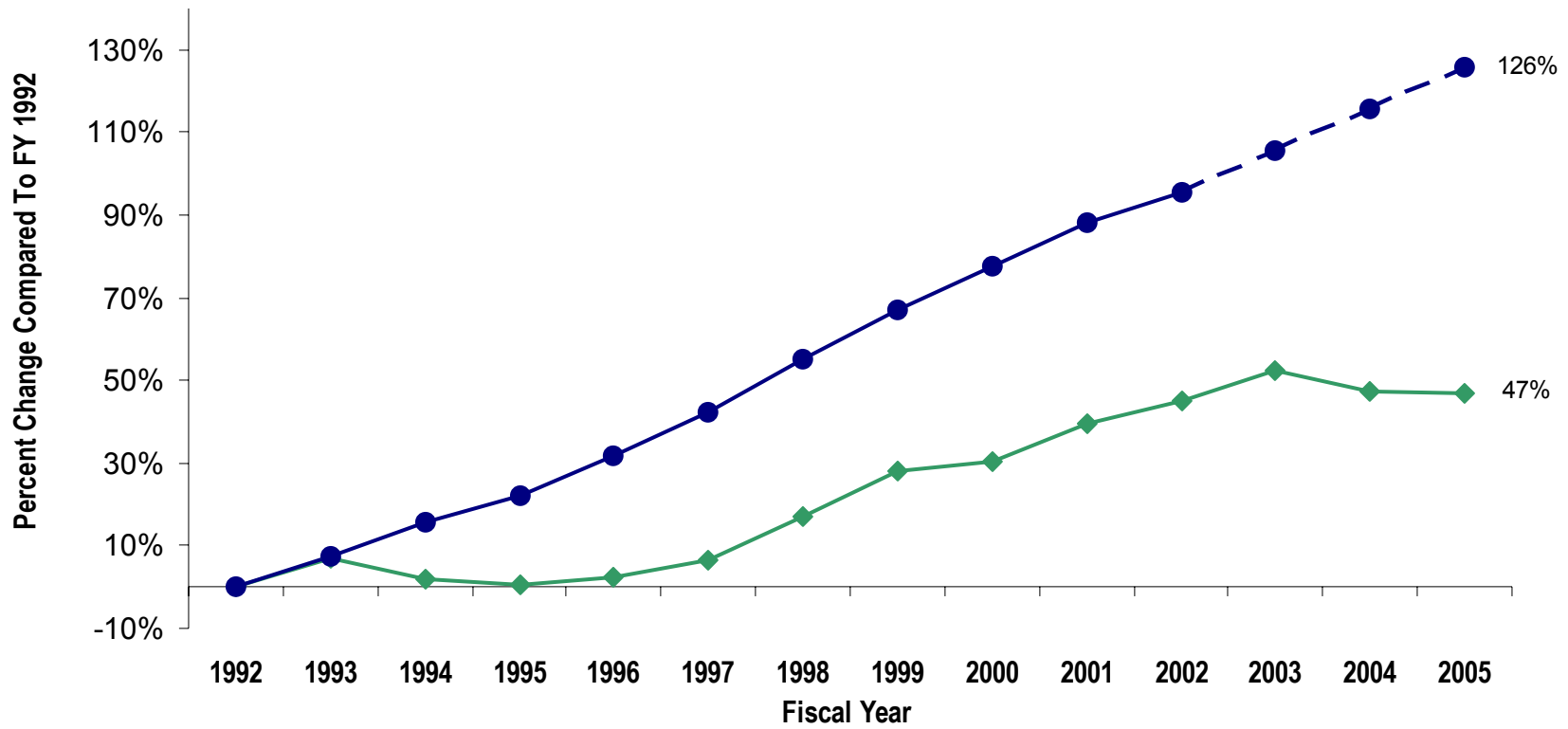




# Percent Change in Caseload and Expenditures

## for the Division of Developmental Disabilities From FY92 through FY05

*(Adjusted for inflation to 1992 equivalent dollars, excludes IMR tax)*



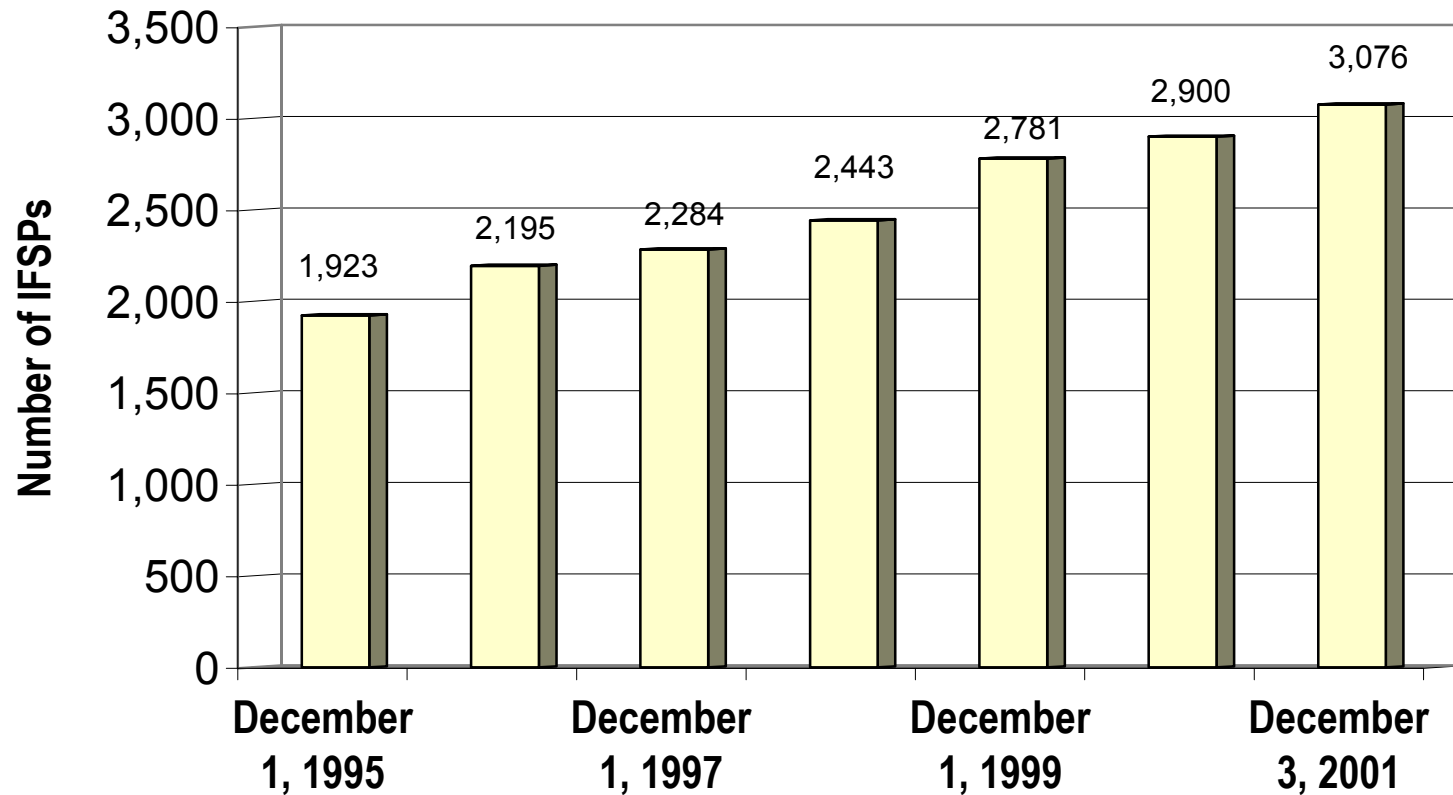
◆ Expenditures  
● Annual Unduplicated Caseload

*FY 2003 Expenditures based on Governor's supplemental budget.*

*FY 2004-2005 Expenditures based on Governor's proposed biennial budget.*

## Infant Toddler Early Intervention Program (ITEIP)

*(Total Number of Children with IFSPs)*



\* Note: The Division of Developmental Disabilities is the lead agency for ITEIP services, but services are provided and/or funded through the following agencies: the Department of Social and Health Services (DSHS) Infant Toddler Early Intervention Program (ITEIP) including Family Resources Coordinators (FRCs); the DSHS Division of Developmental Disabilities (DDD); the Department of Health (DOH) Children with Special Health Care Needs (CSHCN); and the Office of Superintendent of Public Instruction (OSPI) Special Education.



## HISTORICAL FUNDING DESCRIPTION

*Washington State's IDEA, Part H/C Federal Funding (Unadjusted for Inflation)*

